



## Trusting God: A Girlfriends in God Faith Adventure

By Sharon Jaynes, Gwen Smith, Mary Southerland

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**Trusting God: A Girlfriends in God Faith Adventure** By Sharon Jaynes, Gwen Smith, Mary Southerland

**You don't have to understand God to trust him.**

“Just trust me.” Those are the words we often hear in movies just before something bad happens. And yet, we are told to trust God. In a culture where we tend to take control of our own lives, trusting God has become a religious platitude rather than a life-changing attitude. We say it, but do we really mean it? And what does trusting God really look like?

Sharon, Mary, and Gwen—the Girlfriends in God ministry team—have been there. They've traveled the tough roads of life to discover the peace and power that comes from grabbing the hand of God and trusting his plan. The life stories they share bring laughter and sometimes tears, but always spiritual growth.

Each of the 12-week sections concludes with a Bible study guide and journal page, inviting you to lock arms with Sharon, Mary, and Gwen and share with other women in a small group setting or to use individually in your own quiet time.

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*By Sharon Jaynes, Gwen Smith, Mary Southerland*

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### Editorial Review

Review

#### **Praise for *Trusting God***

“Reading this devotional feels like you’re chatting with your best girlfriends over lunch! These women make you feel like they know you—that they know what it feels like to be you. I love the variety and short length of each daily entry—you can read one in the time it takes to finish your morning coffee! Practical, sweet, and inspiring, *Trusting God* will help you do just that. And by the last page, you too will have some new girlfriends—Mary, Gwen, and Sharon!”

—**Jennifer Rothschild, author of *Self Talk, Soul Talk and Lessons I Learned in the Dark***

“Girlfriends in God—Gwen, Sharon, and Mary—are some of the wisest women I know. My friends make trusting God seem simple, possible, and attainable. A girlfriend is someone who watches out for you, encourages you, and provides opportunity for you—and that is exactly what you will experience from these Girlfriends in God. If your life is feeling unstable, unsure, unreliable, or the path feels unknown, *Trusting God* will keep you under God’s umbrella of tender-loving care.”

—**Pam Farrel, relationship specialist, international speaker, author of best-selling *Men Are Like Waffles, Women Are Like Spaghetti* and *The 10 Best Decisions a Woman Can Make***

“*Trusting God* in this world of uncertainty and economic upheaval isn’t easy. We all need to learn, relearn, or be reminded daily of the truth that God can be trusted for each day’s problems. True to their real and relatable style, this wonderful Girlfriends in God devotional is just what you need to encourage your heart and refresh your spirit.”

—**Georgia Shaffer, licensed psychologist in Pennsylvania and author of *Taking Out Your Emotional Trash***

From the Author

I am so excited about this book ... for so many reasons. I love doing ministry and life with Sharon Jaynes and Gwen Smith. We truly are friends. Our hearts beat as one to connect with women and help them navigate the often chaotic waters of daily life. We don't have all of the answers...but we are on the same journey in learning to trust God.

*Trusting God* is a great resource for establishing a meaningful daily quiet time but it is also a great tool for small group leaders who have never led a group and even for those who are veteran Bible study teachers.

God bless you as you step out in faith - He is waiting for you, girlfriend.

About the Author

**Sharon Jaynes** is an author, a former VP and radio co-host of Proverbs 31 Ministries, and a frequent speaker for women’s events, television, and radio. **Gwen Smith**, author and speaker, worship leader, and award-winning songwriter, has been featured on major television programs. **Mary Southerland** is an international speaker, the author of books that help women who struggle with stress and depression, and offers a weekly online Bible study to 17,000 subscribers. Together, Sharon, Gwen, and Mary share Girlfriends in God online devotions that are read by approximately 500,000 readers daily.

## **Users Review**

### **From reader reviews:**

#### **Jonathan Garcia:**

This Trusting God: A Girlfriends in God Faith Adventure book is not ordinary book, you have after that it the world is in your hands. The benefit you receive by reading this book is usually information inside this reserve incredible fresh, you will get data which is getting deeper a person read a lot of information you will get. This specific Trusting God: A Girlfriends in God Faith Adventure without we know teach the one who looking at it become critical in considering and analyzing. Don't possibly be worry Trusting God: A Girlfriends in God Faith Adventure can bring any time you are and not make your carrier space or bookshelves' grow to be full because you can have it in your lovely laptop even cell phone. This Trusting God: A Girlfriends in God Faith Adventure having great arrangement in word and layout, so you will not feel uninterested in reading.

#### **Steven Connell:**

People live in this new day of lifestyle always try and and must have the time or they will get wide range of stress from both daily life and work. So , if we ask do people have free time, we will say absolutely sure. People is human not only a robot. Then we question again, what kind of activity do you possess when the spare time coming to you actually of course your answer will certainly unlimited right. Then do you try this one, reading books. It can be your alternative throughout spending your spare time, often the book you have read is actually Trusting God: A Girlfriends in God Faith Adventure.

#### **Carrie Francis:**

Reading a book being new life style in this season; every people loves to go through a book. When you examine a book you can get a large amount of benefit. When you read guides, you can improve your knowledge, simply because book has a lot of information on it. The information that you will get depend on what forms of book that you have read. If you wish to get information about your analysis, you can read education books, but if you act like you want to entertain yourself look for a fiction books, this sort of us novel, comics, and also soon. The Trusting God: A Girlfriends in God Faith Adventure will give you new experience in examining a book.

#### **Margaret Padua:**

As a pupil exactly feel bored for you to reading. If their teacher requested them to go to the library as well as to make summary for some publication, they are complained. Just little students that has reading's heart and soul or real their passion. They just do what the professor want, like asked to the library. They go to presently there but nothing reading seriously. Any students feel that studying is not important, boring as well as can't see colorful photos on there. Yeah, it is to be complicated. Book is very important in your case. As we know that on this period, many ways to get whatever we would like. Likewise word says, ways to reach Chinese's country. Therefore this Trusting God: A Girlfriends in God Faith Adventure can make you experience more interested to read.

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