



How Full Is Your Bucket? For Kids

By Tom Rath, Mary Reckmeyer

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An illustrated adaptation of the long-running bestseller *How Full Is Your Bucket?* (more than 400,000 copies sold) for kids — told through the story of a boy who learns a valuable “bucket filling” metaphor and watches it come to life as the day unfolds.

Every moment matters.

Each of us has an invisible bucket. When our bucket is full, we feel great. When it’s empty, we feel awful. Yet most children (and many adults) don’t realize the importance of having a full bucket throughout the day.

In *How Full Is Your Bucket? For Kids*, Felix begins to see how every interaction in a day either fills or empties his bucket. Felix then realizes that everything *he* says or does to other people fills or empties their buckets as well.

Follow along with Felix as he learns how easy it can be to fill the buckets of his classmates, teachers and family members. Before the day is over, you’ll see how Felix learns to be a great bucket filler, and in the process, discovers that filling someone else’s bucket also fills his own.

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How Full Is Your Bucket? For Kids By Tom Rath, Mary Reckmeyer Bibliography

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Editorial Review

From School Library Journal

Kindergarten-Grade 2—Based on the author's adult work *How Full Is Your Bucket?* (Gallup, 2004), this book explains that we all have invisible buckets of water over our heads. The negative actions of others toward us can empty the buckets, and our own meanness toward them can deplete their vessels, too. Positive actions reverse the process. Felix refuses to allow his sister to play blocks with him. When she angrily kicks over his tower, his grandfather explains that Felix dipped from his sister's container. The next morning Felix actually sees a bucket floating over his own head, and during the course of the day, as he is alternately bullied and praised, he realizes what causes it to be empty or full. This story is so heavy-handed and didactic that children are likely to find it laughable. Neither Felix, his sister, nor even their dog is a likable character, and the floating buckets over everyone's head look just plain silly.—*Grace Oliff, Ann Blanche Smith School, Hillsdale, NJ* END

From the Publisher

When Felix wakes up one morning, he finds an invisible bucket floating overhead. A rotten morning threatens his mood - and his bucket - drop by drop. Can Felix discover how to refill his bucket before it's completely empty?

From the Author

Tom Rath has been described by the media and business leaders as, "one of the greatest thinkers of his generation." His #1 international bestsellers have sold more than 5 million copies in the last decade and made over 250 appearances on the Wall Street Journal's bestseller list.

Tom's next book, *EAT MOVE SLEEP: WHY SMALL CHOICES MAKE A BIG DIFFERENCE* is already receiving critical acclaim as his next "blockbuster book," a "transformative work," and as the new "operating code for human health." To learn more or request an Advance Copy, visit: tomrath.org

Tom is a Senior Scientist and Advisor to Gallup, where he previously spent 13 years leading the organization's work on employee engagement, strengths, and wellbeing. He also served as Vice Chairman of the VHL cancer research organization. Tom earned degrees from the University of Michigan and University of Pennsylvania, where he is now a guest lecturer. Tom and his wife, Ashley, and their two children live in Arlington, Virginia.

Users Review

From reader reviews:

Tiffany Hassell:

In other case, little people like to read book *How Full Is Your Bucket? For Kids*. You can choose the best book if you'd prefer reading a book. As long as we know about how is important some sort of book *How Full Is Your Bucket? For Kids*. You can add information and of course you can around the world by way of a book. Absolutely right, because from book you can understand everything! From your country until finally foreign or abroad you can be known. About simple point until wonderful thing you are able to know that. In this era, we can easily open a book or maybe searching by internet device. It is called e-book. You can use it when you feel uninterested to go to the library. Let's read.

Kristi Goins:

People live in this new day time of lifestyle always aim to and must have the extra time or they will get wide range of stress from both everyday life and work. So , when we ask do people have spare time, we will say absolutely indeed. People is human not really a huge robot. Then we ask again, what kind of activity do you have when the spare time coming to an individual of course your answer will unlimited right. Then ever try this one, reading ebooks. It can be your alternative throughout spending your spare time, the book you have read is definitely How Full Is Your Bucket? For Kids.

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Shawn Hoffman:

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