



The Mountain of Silence: A Search for Orthodox Spirituality

By Kyriacos C. Markides

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An acclaimed expert in Christian mysticism travels to monasteries high in the Troodos Mountains of Cyprus and offers a fascinating look at the Greek Orthodox approach to spirituality that will appeal to modern seekers.

In an engaging combination of dialogues, reflections, conversations, history, and travel information, Kyriacos C. Markides continues the exploration of a spiritual tradition and practice he began in *Riding with the Lion*. His earlier book took readers to the isolated peninsula of Mount Athos in northern Greece and into a group of ancient monasteries. There, in what might be called a “Christian Tibet,” two thousand monks and hermits practice the spiritual arts to attain oneness with God. In his new book, Markides follows Father Maximos, one of Mount Athos’s monks, to the troubled island of Cyprus. As Father Maximos establishes churches, convents, and monasteries in this deeply divided land, Markides is awakened anew to the magnificent spirituality of the Greek Orthodox Church.

Images of the land and the people of Cyprus and details of its tragic history enrich *The Mountain of Silence*. Like the writings of the great mystics, the book brilliantly evokes the confluence of an inner and outer journey. The depth and richness of its spiritual message echo the thoughts and writings of Saint Francis of Assisi and other great saints of the Western Church as well. The result is a remarkable work—a moving, profoundly human examination of the role and the power of spirituality in a complex and confusing world.

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