



Recipes for a Sacred Life: True Stories and a Few Miracles

By Rivvy Neshama

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From dancing to forgiving, from walking at dawn to sharing dinner with a stranger, Rivvy Neshama invites us to find the sacred--in unexpected places and everyday life. These short true tales are magical yet down to earth and filled with heart and humor, connecting us more deeply with love, joy, and purpose

In the spirit of Anne Lamott, Mitch Albom, and Rachel Naomi Remen, *Recipes for a Sacred Life* is luminous and uplifting--a gift for all.

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Recipes for a Sacred Life: True Stories and a Few Miracles By Rivvy Neshama Bibliography

- Sales Rank: #122234 in Books
- Brand: Brand: Divine Arts
- Published on: 2013-11-01
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .90" w x 5.20" l, .68 pounds
- Binding: Paperback
- 239 pages

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Editorial Review

Review

"Exquisite storytelling.... Written in the spirit of Elizabeth Gilbert or Anne Lamott, Neshama's stories (and a few miracles) are uplifting, witty, and wise." -- *Publishers Weekly*

"It's smart, funny, and moving. It invites in the believers and welcomes the skeptics, and reading it made me feel great!" -- **Barbara Fisher, book critic and correspondent for the *Boston Globe***

"*Recipes for a Sacred Life* left us moved -- and changed.... Wise, poignant, funny, and inspiring." -- *Redbook* (Book Club pick for Jan 2014)

"Blessings upon Rivvy and her beloved mother for their combined wisdom that leads to living a fully present life and loving it." -- **Michael Bernard Beckwith, author of *Life Visioning* and founder of Agape International Spiritual Center**

"This beautiful book can make you think, open your heart, elicit a tear, and bring up some joy-filled, laugh-out-loud moments." -- *Science of Mind*

"Inspiring, enlightening, and entertaining. Sit back and enjoy!" -- **Dharma Singh Khalsa, M.D., author of *The New Golden Rules and Meditation As Medicine***

"With a flowing style of writing and a beautiful way of looking at the world, Neshama has written the essential handbook to living a sacred and meaningful life." -- *Women's Adventure Magazine*

"The stories in this book are indeed recipes. They are recipes for learning, enjoyment, and feeling the exhilaration of what it is to be alive! A literary gift...." -- **John Perkins, *New York Times* bestselling author of *Confessions of an Economic Hit Man***

"Wouldn't it be wonderful if there was a guide to happiness? *Recipes for a Sacred Life* is the closest thing I've found ... adding love and joy to the everyday." -- *FIRST for Women Magazine*

"You might think by its title that this is another self-help book offering advice and spiritual directives. If you did, you'd be wrong. It's much more than that and much more fun to read. Rivvy Neshama's inspiring stories are moving, playful, and enlightening. She offers timeless wisdom that will enrich the lives of readers of all ages and backgrounds. I highly recommend it!" -- **Charlie Bloom, co-author of *101 Things I Wish I Knew When I got Married***

"A bright promise of awakening.... The tales carry a resonance similar to healing stories from Rachel Naomi Remen's *Kitchen Table Wisdom*." -- *ForeWord Reviews*

"Rivvy's delightful stories open the heart and raise us to a higher level of compassion and generosity. Read them, one at a time, and then daydream on them ... and you will take on a glow of joy and feel more secure in God's world." -- **Rabbi Zalman Schachter-Shalomi, author of *Davening: A Guide to Meaningful Jewish Prayer***

"It charms and inspires. What more could one ask?" -- **Hal Zina Bennett, author of *Write from the Heart:***

Unleashing the Power of Your Creativity

Users Review

From reader reviews:

Roger Dupre:

What do you regarding book? It is not important together with you? Or just adding material when you need something to explain what the one you have problem? How about your time? Or are you busy man or woman? If you don't have spare time to do others business, it is make you feel bored faster. And you have extra time? What did you do? Everybody has many questions above. They have to answer that question because just their can do that will. It said that about e-book. Book is familiar in each person. Yes, it is proper. Because start from on kindergarten until university need this kind of Recipes for a Sacred Life: True Stories and a Few Miracles to read.

Clementine Frazier:

The particular book Recipes for a Sacred Life: True Stories and a Few Miracles has a lot info on it. So when you make sure to read this book you can get a lot of benefit. The book was authored by the very famous author. The author makes some research before write this book. This particular book very easy to read you will get the point easily after looking over this book.

Susan Bannister:

This Recipes for a Sacred Life: True Stories and a Few Miracles is great e-book for you because the content which is full of information for you who all always deal with world and also have to make decision every minute. This kind of book reveal it details accurately using great organize word or we can state no rambling sentences in it. So if you are read that hurriedly you can have whole facts in it. Doesn't mean it only provides straight forward sentences but challenging core information with splendid delivering sentences. Having Recipes for a Sacred Life: True Stories and a Few Miracles in your hand like obtaining the world in your arm, information in it is not ridiculous one. We can say that no publication that offer you world throughout ten or fifteen second right but this book already do that. So , this can be good reading book. Hi Mr. and Mrs. hectic do you still doubt that?

Marge Lee:

In this age globalization it is important to someone to receive information. The information will make someone to understand the condition of the world. The fitness of the world makes the information easier to share. You can find a lot of references to get information example: internet, newspapers, book, and soon. You can observe that now, a lot of publisher this print many kinds of book. The particular book that recommended to you personally is Recipes for a Sacred Life: True Stories and a Few Miracles this guide consist a lot of the information with the condition of this world now. That book was represented so why is the world has grown up. The dialect styles that writer use for explain it is easy to understand. The particular writer made some research when he makes this book. Honestly, that is why this book suitable all of you.

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