



Psychosis as a Personal Crisis: An Experience-Based Approach (The International Society for Psychological and Social Approaches to Psychosis Book Series)

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Psychosis as a Personal Crisis seeks to challenge the way people who hear voices are both viewed and treated. This book emphasises the individual variation between people who suffer from psychosis and puts forward the idea that hearing voices is not in itself a sign of mental illness.

In this book the editors bring together an international range of expert contributors, who in their daily work, their research or their personal acquaintance, focus on the personal experience of psychosis.

Further topics of discussion include:

- accepting and making sense of hearing voices
- the relation between trauma and paranoia
- the limitations of contemporary psychiatry
- the process of recovery.

This book will be essential reading for all mental health professionals, in particular those wanting to learn more about the development of the hearing voices movement and applying these ideas to better understanding those in the voice hearing community.

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Editorial Review

Review

"In the entire book, there is a laudable effort to free voice hearers from social silence and stigma, and to promote their participation in self-help groups and forums with other persons who live with or lived through similar experiences. For this reason, this book is also of fundamental value for the persons who hear voices, for their family and friends. It is also necessary reading for any person interested in this innovating therapeutic avant-garde approach because the Hearing Voices Movement is one of social liberation." - **Manuel González de Chávez, From the Foreword.**

About the Author

Marius Romme is Professor of Psychiatry at the University of Maastricht, the Netherlands. He is Visiting Professor at Birmingham City University, UK, and Founder and Chair of Intervoice the International Association for Voice Hearers, which has networks and support groups around the world.

Sandra Escher is a former journalist and senior staff member at the Community Mental Health Centre in Maastricht, the Netherlands. She is an honorary research fellow at Birmingham City University, UK, and Co Founder of Intervoice the International Association for Voice Hearers.

Users Review

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