



Handbook on Animal-Assisted Therapy, Second Edition: Theoretical Foundations and Guidelines for Practice

From Academic Press

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Handbook on Animal-Assisted Therapy, Second Edition: Theoretical Foundations and Guidelines for Practice From Academic Press

The original edition was the first book to provide a comprehensive overview of the ways in which animals can assist therapists with treatment of specific populations, and/or in specific settings. The second edition continues in this vein, with 7 new chapters plus substantial revisions of continuing chapters as the research in this field has grown. New coverage includes: Animals as social supports, Use of AAT with Special Needs students, the role of animals in the family- insights for clinicians, and measuring the animal-person bond.

*Contributions from veterinarians, animal trainers, psychologists, and social workers

*Includes guidelines and best practices for using animals as therapeutic companions

*Addresses specific types of patients and environmental situations

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Editorial Review

Review

"5 Stars from Doody!"

--DOODY'S

"This is a very in-depth and informational text on animal-assisted therapy (AAT). It is full of good historical and up-to-date information to guide the practitioner wanting to begin AAT... I feel that this book is definitely needed in any AAT program, and I found it very informative as well as instructional... This book is a complete, thorough, and in-depth overview of the ways that animals can assist human therapists. Specific use in hospitals, prisons, and independent practices is covered. Information on how to design an AAT program as well as the value that an AAT program can have in human therapy is included. Selection of appropriate animals for specific environments is suggested. The information and history of the human-animal bond gives the reader a sense of how useful AAT can be in a practice or institution... The editor and contributors provide needed information in the AAT field, which is still in its infancy. They give concise, detailed information on all areas of AAT including how to start a program or improve a current program. Anyone interested in the human-animal bond, particularly on how it relates to helping in a therapeutic setting, must read this book."

--KENT DAVIS, DVM (University of Illinois Veterinary Medicine Teaching Hospital)

"It is a well-written and interesting book and makes a considerable and important contribution to the field of animal-assisted therapy. This book would make an ideal text for courses in this topic and should be in the personal library of those interested in the human-animal bond and animal-assisted therapy."

--JOURNAL OF THE AMERICAN VETERINARY MEDICAL ASSOCIATION, June 15, 2001

"Aubrey Fine has collated a broad ranging series of contributions which provide a much-needed resource for practitioners, researchers and students. This book is a positive step in formalizing the concepts and practicalities surrounding the use of animals in therapeutic settings... it is a valuable contribution to the field."

--ANTHROZOOS

From the Back Cover

The use of animal assisted therapy, also referred to as animal assisted interventions, has grown tremendously since the first edition of this work. Used with a far greater variety of patient populations and to treat more types of psychological problems, the research and practice literature in the field has expanded. This second edition of **Handbook on Animal Assisted Therapy** highlights the evidence basis of these therapies, updates original chapters with new research information and it's application to practice, and includes three new chapters on the implementation of animal assisted therapies with children.

The book is divided into four sections. Section 1 introduces background information on the animal-human bond, the historical value of this bond, definitions of animal assisted interventions (AAI), the evolution of such interventions toward the improvement of human function and quality of life. Section 2 provides an overview of the design and implementation of AAI services. Coverage includes how to select animal species to match to patient populations and the factors that influence performance of specific animal species. Section 3 documents the therapeutic efficacy of AAI with specific populations including children, persons with chronic disorders and AIDS, the elderly, and in specialized settings. Additional chapters address how animals can be incorporated into standard psychotherapy techniques. Section 4 covers special issues including assessment tools regarding the efficacy of AAI programs, coordination with veterinarians, and the

ethical treatment of therapy animals.

About the Author

Dr. Fine received his graduate degree from University of Cincinnati in 1982 and has been on the faculty at California State Polytechnic University since 1981. His leadership among faculty and teaching excellence earned him the prestigious Wang Award in 2001, given to a distinguished professor within the California State University system (23 Universities), in this instance for exceptional commitment, dedication, and exemplary contributions within the areas of education and applied sciences. Dr. Fine is also a licensed psychologist who opened his practice in Southern California in 1987. His practice specializes in treating children with ADHD, learning disabilities, developmental disorders and parent child relations.

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