

Values in Youth Sport and Physical Education

From Jean Whitehead

Download now

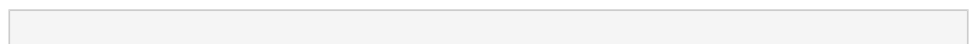
Read Online 

Values in Youth Sport and Physical Education From Jean Whitehead

As sport has become more intense, professional and commercialized so have the debates grown about what constitutes acceptable behaviour and fair play, and how to encourage and develop 'good' sporting behaviour, particularly in children and young people. This book explores the nature and function of *values* in youth sport and establishes a framework through which coaches, teachers and researchers can develop an understanding of the decision-making processes of young athletes and how they choose between playing fairly or cheating to win.

The traditional view of sport participation is that it has a beneficial effect on the social and moral development of children and young people and that it intrinsically promotes cultural values. This book argues that the research evidence is more subtle and nuanced. It examines the concept of values as central organizing constructs of human behaviour that determine our priorities, guide our choices, and transfer across situations, and considers the value priorities and conflicts that are so useful in helping us to understand behaviour in sport. The book argues that teachers and professionals working with children in sport are centrally important agents for value transmission and change and therefore need to develop a deeper understanding of how sport can be used to encourage pro-social values, and offers suggestions for developing a curriculum for teaching values through sport in differing social contexts.

Spanning some of the fundamental areas of sport practice and research, including sport psychology, sport pedagogy, practice ethics, and positive youth development through sport, and including useful values and attitudes questionnaires and guidance on their use and interpretation, this book is important reading for any student, researcher, coach or teacher with an interest in youth sport or physical education.



 [Download Values in Youth Sport and Physical Education ...pdf](#)

 [Read Online Values in Youth Sport and Physical Education ...pdf](#)

Values in Youth Sport and Physical Education

From Jean Whitehead

Values in Youth Sport and Physical Education From Jean Whitehead

As sport has become more intense, professional and commercialized so have the debates grown about what constitutes acceptable behaviour and fair play, and how to encourage and develop 'good' sporting behaviour, particularly in children and young people. This book explores the nature and function of *values* in youth sport and establishes a framework through which coaches, teachers and researchers can develop an understanding of the decision-making processes of young athletes and how they choose between playing fairly or cheating to win.

The traditional view of sport participation is that it has a beneficial effect on the social and moral development of children and young people and that it intrinsically promotes cultural values. This book argues that the research evidence is more subtle and nuanced. It examines the concept of values as central organizing constructs of human behaviour that determine our priorities, guide our choices, and transfer across situations, and considers the value priorities and conflicts that are so useful in helping us to understand behaviour in sport. The book argues that teachers and professionals working with children in sport are centrally important agents for value transmission and change and therefore need to develop a deeper understanding of how sport can be used to encourage pro-social values, and offers suggestions for developing a curriculum for teaching values through sport in differing social contexts.

Spanning some of the fundamental areas of sport practice and research, including sport psychology, sport pedagogy, practice ethics, and positive youth development through sport, and including useful values and attitudes questionnaires and guidance on their use and interpretation, this book is important reading for any student, researcher, coach or teacher with an interest in youth sport or physical education.

Values in Youth Sport and Physical Education From Jean Whitehead Bibliography

- Rank: #3093319 in Books
- Brand: Jean Whitehead
- Published on: 2014-02-20
- Original language: English
- Number of items: 1
- Dimensions: 9.21" h x .69" w x 6.14" l, 1.25 pounds
- Binding: Hardcover
- 280 pages

 [Download Values in Youth Sport and Physical Education ...pdf](#)

 [Read Online Values in Youth Sport and Physical Education ...pdf](#)

Download and Read Free Online Values in Youth Sport and Physical Education From Jean Whitehead

Editorial Review

Review

"It is rare to find a body of work that presents a definitive consistent and comprehensive framework over time. One of the real insights and benefits of the book ... is how it might ... develop and evolve a research agenda ... The work developed here on a values framework for sport is extremely helpful, particularly for youth and children. Where it perhaps has its greatest value, however, is not in the research findings provided, but in terms of the implications such findings have on coaching practice. Of particular interest remain the questions as to why it is that despite all the best evidence about the need for an approach to coaching that places the needs and interests of the child first, for the most part, the sports coaching environment seems relatively powerless to challenge the ideology of performance." – *Alun Hardman, Sports Coaching Review*

About the Author

Jean Whitehead was an international long jumper and physical education teacher before coordinating the disciplines in human movement studies at Bedford College of Higher Education, UK, where she taught sport psychology. In research at the University of Brighton, UK, she focused on achievement goal perspectives, and measuring values.

Hamish Telfer was course leader at the University of Cumbria, UK, for the postgraduate degree in Sports Coaching. Now retired, he is still actively involved in research and publication in sports coaching, particularly practice ethics and reflective practice. He has been a Great Britain Team Coach for Cross Country.

John Lambert is a Senior Lecturer in Sport Coaching and Physical Education at the University of Brighton, UK. He works in talent ID for a Premier League football club. His main research interest is teaching values through sport having worked on a major international sport for development project for over ten years.

Users Review

From reader reviews:

Daniel Hendrix:

Inside other case, little individuals like to read book Values in Youth Sport and Physical Education. You can choose the best book if you want reading a book. Given that we know about how is important a new book Values in Youth Sport and Physical Education. You can add expertise and of course you can around the world by just a book. Absolutely right, mainly because from book you can understand everything! From your country till foreign or abroad you can be known. About simple issue until wonderful thing you can know that. In this era, we could open a book or perhaps searching by internet gadget. It is called e-book. You need to use it when you feel bored to go to the library. Let's examine.

Diana Chung:

Do you have something that you prefer such as book? The e-book lovers usually prefer to select book like comic, quick story and the biggest the first is novel. Now, why not seeking Values in Youth Sport and Physical Education that give your fun preference will be satisfied by means of reading this book. Reading addiction all over the world can be said as the way for people to know world much better then how they react towards the world. It can't be explained constantly that reading habit only for the geeky particular person but for all of you who wants to be success person. So , for every you who want to start examining as your good habit, you are able to pick Values in Youth Sport and Physical Education become your starter.

Terrie Newlin:

Do you like reading a book? Confuse to looking for your favorite book? Or your book seemed to be rare? Why so many question for the book? But any people feel that they enjoy with regard to reading. Some people likes examining, not only science book but novel and Values in Youth Sport and Physical Education or others sources were given expertise for you. After you know how the truly amazing a book, you feel would like to read more and more. Science reserve was created for teacher as well as students especially. Those ebooks are helping them to put their knowledge. In some other case, beside science guide, any other book likes Values in Youth Sport and Physical Education to make your spare time more colorful. Many types of book like this.

Helen Noyola:

As a student exactly feel bored to help reading. If their teacher questioned them to go to the library as well as to make summary for some book, they are complained. Just minor students that has reading's heart or real their leisure activity. They just do what the educator want, like asked to the library. They go to there but nothing reading significantly. Any students feel that examining is not important, boring and also can't see colorful photos on there. Yeah, it is being complicated. Book is very important for you personally. As we know that on this era, many ways to get whatever we wish. Likewise word says, ways to reach Chinese's country. Therefore this Values in Youth Sport and Physical Education can make you sense more interested to read.

Download and Read Online Values in Youth Sport and Physical Education From Jean Whitehead #KTL004RBDH8

Read Values in Youth Sport and Physical Education From Jean Whitehead for online ebook

Values in Youth Sport and Physical Education From Jean Whitehead Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Values in Youth Sport and Physical Education From Jean Whitehead books to read online.

Online Values in Youth Sport and Physical Education From Jean Whitehead ebook PDF download

Values in Youth Sport and Physical Education From Jean Whitehead Doc

Values in Youth Sport and Physical Education From Jean Whitehead Mobipocket

Values in Youth Sport and Physical Education From Jean Whitehead EPub

KTL004RBDH8: Values in Youth Sport and Physical Education From Jean Whitehead