

Gluten-Free on a Shoestring, Quick and Easy: 100 Recipes for the Food You Love--Fast!

By Nicole Hunn



Gluten-Free on a Shoestring, Quick and Easy: 100 Recipes for the Food You Love--Fast! By Nicole Hunn

People who follow a gluten-free diet—avoiding all foods with even a trace of wheat, barley, and rye in their ingredients—don't always have the quick and cheap food options that their friends do...until now.

Gluten-free guru Nicole Hunn is back with 100 new quick-prep and make-ahead recipes for dinners, yeast-free breads, baked goods, snacks, breakfasts, and more. These unique timesaving recipes take advantage of readily available gluten-free ingredients and kitchen shortcuts. Created with the busy family in mind, Hunn shares her secrets to getting a complete meal, including bread, on the table in no time flat – all without breaking the bank.

Recipes include Super-Quick Cinnamon Rolls, Yeast-Free English Muffins, Easy Veggie Burgers, Weeknight Chicken Soup, Cheesecake Cookies, Make-Your-Own Yellow Cake Mix, and more.



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Editorial Review

Review

Tucson Citizen, 12/1/12

"I highly recommend this cookbook. The recipes are accessible and especially geared for people with busy lifestyles."

About the Author

Nicole Hunn is the author of the *Gluten-Free on a Shoestring* cookbook series and the personality behind the "Gluten-Free on a Shoestring" blog, which has been featured in the *New York Times* and MSN Money. She lives with her family in Westchester County, New York.

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Cynthia Barksdale:

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