



This Is Gonna Hurt: Music, Photography and Life Through the Distorted Lens of Nikki Sixx

By Nikki Sixx

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This Is Gonna Hurt is music, photography, and life through the distorted lens of Nikki Sixx, bassist for heavy metal rock band Mötley Crüe's and the *New York Times* bestselling author of *The Heroin Diaries*. A combination of powerful prose and dramatic photographs, *This Is Gonna Hurt* is an arresting, deeply personal look through the eyes of a real rock star at a stark, post-addiction world.

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Editorial Review

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Product Description

This Is Gonna Hurt: Music, Photography And Life Through The Distorted Lens Of Nikki Sixx is part photo, part journal—but all Nikki Sixx. It is a collection of compelling photography and stories that capture the rage, love, optimism, darkness, and determination that shape his work. Combining the raw authenticity that defined his *New York Times* bestseller *The Heroin Diaries* with a photographic journey, *This Is Gonna Hurt* chronicles Sixx's experiences—from his early years filled with toxic waste, to his success with Motley Crue, to his death from an OD and his eventual rebirth through music, photography, and love.

Love story, bad-ass rock tell-all, social commentary, family memoir, *This Is Gonna Hurt* offers the compelling insights of an artist and a man struggling to survive, connect, and find a happy ending—a search that fuels Sixx's being.

A Look at Nikki Sixx's Photographs from *This Is Gonna Hurt*

Click on the images below to open larger versions.



From the Back Cover

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About the Author

Born Frank Feranna, Nikki Sixx grew up in Seattle and moved to Los Angeles at the age of seventeen. There, in 1981, he became the bassist for Mötley Crüe, the legendary rock band he started with Vince Neil,

Mick Mars, and Tommy Lee. Today he is the *New York Times* bestselling author of *The Heroin Diaries* and *This Is Gonna Hurt*, and a coauthor of the Mötley Crüe book, *The Dirt*. Nikki Sixx is also a nationally syndicated radio host of Sixx Sense, writer, artist, photographer, and still loyal member of the Crüe.

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