



Counseling Strategies and Interventions for Professional Helpers (9th Edition) (The Merrill Counseling Series)

By Sherry Cormier

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This pragmatic text describes basic helping skills used in a variety of disciplines, as well as a number of issues common to helping relationships, processes, and interviews. Suitable for both upper level undergraduate and entry level graduate students, the text focuses on skill acquisition, and includes a number of clinical cases and application exercises for promoting skill development.

The new Ninth Edition features a brand new expanded section on the basic helping skills (attending, listening, and action), as well as an additional new chapter contributed by Dr. Beth Robinson, Acadia University, on professional development and issues facing new helpers. Additional content new to this edition covers counseling in military settings, communication with LGBTQ clients, communication with immigrant and refugee clients, assessment of key components of client problems, SMART goals, and mindfulness interventions.

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- Rank: #23471 in Books
- Published on: 2015-01-03
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .60" w x 7.40" l, .84 pounds
- Binding: Paperback
- 288 pages

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From reviews of the text:

“The overall strength of the text is its practical application in exercises which follow material about counseling strategies and interventions.... [students can respond] in a way that makes the questions pertinent and useful in their pursuit of careers in the helping professions.”

—Raymond Lambert, Johnson State College External Degree Program

[This text] is clear and concise, applicable to meeting the objectives of the introductory course for counselors. The application of the exercises within the chapters lends itself well to the practice of interventions and strategies.”

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About the Author

Sherry Cormier is Professor Emerita in the Department of Counseling, Rehabilitation Counseling, and Counseling Psychology at West Virginia University, a licensed psychologist, and a long-standing member of the American Counseling Association and the American Psychological Association. Her areas of specialty include counseling women, health and wellness, clinical supervision, and counseling skills and interventions. She is also the author of *The Professional Counselor* with Harold Hackney. She currently resides in the state of MD where she enjoys beachcombing, boating, hiking, and biking.

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