



Proof of Heaven: A Neurosurgeon's Journey into the Afterlife

By Eben Alexander III M.D.

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A SCIENTIST'S CASE FOR THE AFTERLIFE

Near-death experiences, or NDEs, are controversial. Thousands of people have had them, but many in the scientific community have argued that they are impossible. Dr. Eben Alexander was one of those people.

A highly trained neurosurgeon who had operated on thousands of brains in the course of his career, Alexander knew that what people of faith call the “soul” is really a product of brain chemistry. NDEs, he would have been the first to explain, might feel real to the people having them, but in truth they are simply fantasies produced by brains under extreme stress.

Then came the day when Dr. Alexander’s own brain was attacked by an extremely rare illness. The part of the brain that controls thought and emotion—and in essence makes us human— shut down completely. For seven days Alexander lay in a hospital bed in a deep coma. Then, as his doctors weighed the possibility of stopping treatment, Alexander’s eyes popped open. He had come back.

Alexander’s recovery is by all accounts a medical miracle. But the real miracle of his story lies elsewhere. While his body lay in coma, Alexander journeyed beyond this world and encountered an angelic being who guided him into the deepest realms of super-physical existence. There he met, and spoke with, the Divine source of the universe itself.

This story sounds like the wild and wonderful imaginings of a skilled fantasy writer. But it is not fantasy. Before Alexander underwent his journey, he could not reconcile his knowledge of neuroscience with any belief in heaven, God, or the soul. That difficulty with belief created an empty space that no professional

triumph could erase. Today he is a doctor who believes that true health can be achieved only when we realize that God and the soul are real and that death is not the end of personal existence but only a transition.

This story would be remarkable no matter who it happened to. That it happened to Dr. Alexander makes it revolutionary. No scientist or person of faith will be able to ignore it. Reading it will change your life.

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Bibliography

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Editorial Review

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A neurosurgeon's first-person account of his near-death experience after an E. coli meningitis-related seizure and seven-day coma will reassure afterlife believers, though it is unlikely to convince skeptics. Alexander's credentials are impressive: medical school at Duke and 15 years at Harvard-affiliated hospitals. But to agnostics and atheists, Alexander may not come across as a completely objective observer. He writes that he attended his Episcopal church even as he questioned how God, heaven, and an afterlife could exist, yet the heaven he describes seeing certainly seems like a biblical one; a typical line is, "the visual beauty of the silvery bodies of those scintillating beings above." His story includes interesting asides about past struggles with alcohol and with adoption. (His birth mother delivered him when she was 16 and for years did not want to meet him.) But the book mostly focuses on religion. It ends with a request to support Eternea, Alexander's nonprofit that has as its mission, "increasing global acceptance of the reality of our eternal spiritual existence . . . under an all-loving God." For believers, not skeptics. --Karen Springen

Review

"Eben Alexander brings a unique perspective to the sacred world combining a glorious, personal vision of spiritual consciousness with patient, insightful scientific inquiry. "Proof of Heaven" is a compelling story of what may lie ahead for all of us in the life beyond this one. We have nothing to fear." --Allan J. Hamilton, MD, FACS, author of "The Scalpel and the Soul" and "Zen Mind, Zen Horse"

"Proof of Heaven" is more than just an awe-inspiring account of a profound encounter with spiritual reality. Dr. Alexander's neuroscience career taught him that near-death experiences are brain-based illusions, and yet his personal experience left him dumbstruck. His honest struggle to make sense of this unforgettable journey is a gripping story, unique in the literature of spiritual experiences, that may well change how we understand our role in the universe." --Bruce Greyson, MD, co-editor of "The Handbook of Near-Death Experiences: Thirty Years of Investigation"

"I can highly recommend this important book that has the potential to break many scientific taboos." --Dr. Pim van Lommel, cardiologist, author of "Consciousness Beyond Life: The Science of the Near-Death Experience"

"Dr. Eben Alexander's near-death experience is the most astounding I have heard in more than four decades of studying this phenomenon. [He] is living proof of an afterlife."--Raymond A. Moody, M.D., Ph.D., author of Life After Life

About the Author

Eben Alexander, M.D. has been an academic neurosurgeon for the last 25 years, including almost 15 years at the Brigham & Women's and the Children's Hospitals and Harvard Medical School in Boston.

Users Review

From reader reviews:

John Kuykendall:

Reading can called thoughts hangout, why? Because while you are reading a book particularly book entitled Proof of Heaven: A Neurosurgeon's Journey into the Afterlife your mind will drift away trough every dimension, wandering in every single aspect that maybe not known for but surely will end up your mind friends. Imaging each word written in a book then become one type conclusion and explanation which maybe you never get prior to. The Proof of Heaven: A Neurosurgeon's Journey into the Afterlife giving you another experience more than blown away the mind but also giving you useful details for your better life in this particular era. So now let us explain to you the relaxing pattern this is your body and mind is going to be pleased when you are finished examining it, like winning a casino game. Do you want to try this extraordinary paying spare time activity?

Adria Jenkins:

This Proof of Heaven: A Neurosurgeon's Journey into the Afterlife is great publication for you because the content which can be full of information for you who always deal with world and also have to make decision every minute. This book reveal it info accurately using great manage word or we can claim no rambling sentences included. So if you are read that hurriedly you can have whole data in it. Doesn't mean it only gives you straight forward sentences but challenging core information with splendid delivering sentences. Having Proof of Heaven: A Neurosurgeon's Journey into the Afterlife in your hand like having the world in your arm, data in it is not ridiculous 1. We can say that no e-book that offer you world throughout ten or fifteen moment right but this reserve already do that. So , this is certainly good reading book. Hello Mr. and Mrs. occupied do you still doubt that?

Robert Rooks:

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