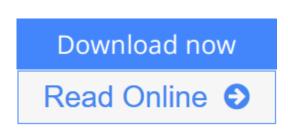


# Controlled Cheating: The Fats Goldberg Take It Off, Keep It off Diet Program

By Larry Goldberg



#### **Controlled Cheating: The Fats Goldberg Take It Off, Keep It off Diet Program** By Larry Goldberg

Controlled cheating works. But it demands discipline. Learn how you can make it work for you.

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