



## Ford Sohc pinto & sierra cosworth dohc engines high - performance manual

By Des Hammill

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Expert practical advice from an experienced race engine builder on how to build a high-performance version of Ford's 4-cylinder engine. Whether the reader wants a fast road car or to go racing, Des Hammill explains, without using technical jargon, how to build a reliable high-power engine using as many FoMoCo parts as possible and without wasting money on parts and modifications that don't work. Although the text of this book specifically relates to engines with carburetors, many of the modifications described are appropriate to turbocharged/supercharged engines and engines with fuel injection.

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#### **About the Author**

Des Hammill is a professional engineer with huge experience of building successful and reliable racing engines and solving the problems associated with all aspects of high performance applications. Des has written many of Veloce's SpeedPro series books.

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