



For All Eternity: Practical Tools for Strengthening Your Marriage

By John L. Lund

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Popular speaker, author, and marriage and family mediator Dr. John L. Lund shares his wealth of knowledge, insight, and humor on the all-important topic of improving communication and strengthening marriage relationships. This book will make you laugh as you and your spouse see yourselves in Dr. Lund's descriptions of the differences between men and women and how we communicate. You will be enlightened as you take his Love Language Quiz and find out how to speak your spouse's love language. You will learn how to use active and reflective listening skills to resolve conflict in your relationships. Finally, you will understand the art of giving an apology and accepting responsibility. All of these tools and more, combined with Dr. Lund's trademark humor and stories, will make this volume an important resource in strengthening your marriage and helping it last for all eternity.

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