



Be Prepared: A Practical Handbook for New Dads

By Gary Greenberg, Jeannie Hayden

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An indispensable survival manual for guys entering the trenches of fatherhood, *Be Prepared* is loaded with one-of-a-kind insights, MacGyver-esque tips and tricks, and no-nonsense advice for mastering the first year as a dad.

Finally, a book that teaches men all the things they *really* need to know about fatherhood...including how to:

- Change a baby at a packed sports stadium
- Create a decoy drawer full of old wallets, remote controls, and cell phones to throw baby off the scent of your real gear
- Stay awake (or at least upright) at work
- Babyproof a hotel room in four minutes flat
- Construct an emergency diaper out of a towel, a sock, and duct tape

Packed with helpful diagrams and detailed instructions, and delivered with a wry sense of humor, *Be Prepared* is the ultimate guide for sleep-deprived, applesauce-covered fathers everywhere.

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Editorial Review

Amazon.com Review

Take your average guide for new mothers, chuck most of the stuff about breast feeding and ditch the deep background research and stats, then generously pepper with illustrations and burley humor and what do you have? Your average guide for new fathers. *Be Prepared* follows that template pretty closely, and that's really quite an acceptable thing. Yes, there's a bit too much emphasis here on broadly drawn manly stuff like changing a diaper at a ballgame, but there's also heaps of useful advice that's cleverly and efficiently presented for pops who, despite their best intentions, really aren't prepared to dig into encyclopedia-sized tomes. The basics (childproofing, bathing, feeding, entertaining) intermix with nifty sidebars (homemade bath toys, foods to *never* give your baby, exercises for dads) in easy-to-peruse chapters organized according to the age of the offspring up to age 1. There are more thorough how-to guides for new dads, but for most men moving into fatherhood, *Be Prepared* will fill the bill. --Steven Stolder

From Publishers Weekly

Parenting is hard, and reading many of the jargon-filled parenting books out there can make it even harder, but with a combination of smart writing and clever illustrations, husband-and-wife team Greenberg (*The Pop-up Book of Phobias*; etc.) and illustrator Hayden make both seem fun, if not easy. As the subtitle suggests, the book is filled with advice that will appeal to the solution-centered male perspective, from step-by-step swaddling instructions to a guide for identifying six distinct infant crying patterns. (A hunger cry, for example, is "a pattern of low-pitched, rhythmic moans, growing more and more insistent," whereas a boredom pattern is "a low-volume whimper which stops and starts irregularly.") Not only is Greenberg and Hayden's information useful, but it's also been vetted by "several distinguished fellows" at the American Academy of Pediatrics. Along with the conventional chapters on baby-proofing your house and taking a baby's temperature are more obscure—and amusing—topics, such as how to videotape your baby and how to conduct a "Mirror Puppet Sing Along" to sooth a crying baby while driving (the technique requires two mirrors, a hand-puppet and an indifference to looking silly). Hayden's drawings strike just the right balance between textbook-boring and tongue-in-cheek funny, depicting everything from a sketch of a bottle of teething gel to a drawing of an exhausted father snoozing in a business meeting. Greenberg and Hayden have succeeded in providing new dads (and many moms, for that matter) with an entertaining and informative cheat sheet.

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Review

Paul Reiser *New York Times* bestselling author of *Babyhood* If you're a new dad, keep a copy of *Be Prepared* by your bedside. It's funny, informative, and -- let's be honest -- it's not like you're going to be sleeping anyway.

Users Review

From reader reviews:

Peter Schmidt:

Do you have favorite book? For those who have, what is your favorite's book? Publication is very important thing for us to find out everything in the world. Each reserve has different aim as well as goal; it means that

publication has different type. Some people experience enjoy to spend their the perfect time to read a book. They may be reading whatever they consider because their hobby is actually reading a book. Why not the person who don't like studying a book? Sometime, man or woman feel need book after they found difficult problem or maybe exercise. Well, probably you'll have this Be Prepared: A Practical Handbook for New Dads.

Barbara Jones:

What do you with regards to book? It is not important along? Or just adding material when you need something to explain what the ones you have problem? How about your spare time? Or are you busy man? If you don't have spare time to perform others business, it is gives you the sense of being bored faster. And you have spare time? What did you do? All people has many questions above. They must answer that question because just their can do this. It said that about e-book. Book is familiar on every person. Yes, it is suitable. Because start from on kindergarten until university need this particular Be Prepared: A Practical Handbook for New Dads to read.

Ismael Black:

Is it anyone who having spare time then spend it whole day by simply watching television programs or just laying on the bed? Do you need something new? This Be Prepared: A Practical Handbook for New Dads can be the solution, oh how comes? A fresh book you know. You are therefore out of date, spending your spare time by reading in this new era is common not a nerd activity. So what these books have than the others?

Cindy Moats:

As we know that book is vital thing to add our knowledge for everything. By a e-book we can know everything we wish. A book is a pair of written, printed, illustrated or blank sheet. Every year was exactly added. This publication Be Prepared: A Practical Handbook for New Dads was filled about science. Spend your free time to add your knowledge about your technology competence. Some people has various feel when they reading a new book. If you know how big benefit from a book, you can feel enjoy to read a reserve. In the modern era like currently, many ways to get book that you simply wanted.

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